# The Bonding Hub

# MENU

#### Breakfast & Snack

Coffee or tea +  $caracola/choco\ bread/butter\ croissant \\ medialuna \\ vegan\ croissant \\ cake \\ orange\ juice\ +\ pastreis$  3,90  $\in$  4,50  $\in$  6,00  $\in$  5,50  $\in$  Greek yougurt bowl with muesli/honey/season fruits 4,00  $\in$ 

#### **Pastreis**

Vegan croissant with quinoa, spelt, vegetable oil Butter croissant Medialuna: argentinian sweet croissant extra cheese	<b>2,50 €</b> <b>2,50 €</b> <b>3,00 €</b> 0,50 €
Caracola pastri with cream and raisins Chocolate bread Vegan cookies with chocolate and almonds Vegan cookies with pistacchio and 80% cacao Vegan lemon or banana cake Cake	2,50 € 2,50 € 3,00 € 3,00 € 3,50 € 4,00 €

#### **Toasts**

in organic rye sourdough bread wth arugula and seeds (except protein toast)

AVOCADO   cream cheese, avocado, cherry tomato PROTEIN   peanut butter, banana, dried coconut flakes	5,50 € 5,00 €
GOAT CHEESE   country-style dried tomato and	
goat cheese	5,50 €
IBERIAN   iberian ham, olive oil, tomato	8,50 €

# Focaccia

sourdough bread | with arugula (vegan options)

ARTICHOKE   grilled italian artichokes, mozzarella,	
olive, tomato	8,50 €
DRIED TOMATO   mozzarella, italian dried tomato, oliv	
PESTO PISTACCHIO   mozzarella and pistacchio pesto	
with tomato IBERIAN   shaving of iberian ham, italian tartufada	8,00 €
Sauce	10,00 €
	_0,00
mix olives	2,80 €

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# Specialty coffee

One More Coffee

Expresso Double expresso Cortado Americano Coffee with milk Capuccino Moka coffee Flat white Latte	1,50 € 3,00 € 1,70 € 2,00 € 2,50 € 2,50 € 2,80 € 3,00 € 2,50 €
Extra coffee XL	0,50 €
Freshly ground coffee 500gr	17,00 €

# Organic tea

all organically grown

Rooibos tea forrest with fruits	3,00 €
Sunset green tea with banana, apple and strawberry	3,00 €
Black tea blue earl grey with bergamot	3,00 €
Red tea china Pu EHR	3,00 €
Matcha latte tea	4,00 €
Indian chai latte	4,00 €

# Classic infusions

without theine or caffeine

Mint	2,50 €
Chamomille	2,50 €
Linden	2,50 €
Youth: with fruits, strawberry and banana	2,50 €

### **Drinks**

Mineral water 500ml	1,50 €
Fritz kola original	4,00 €
Fritz kola zero sugar	4,00 €
Fritz kola orange	4,00 €
Fritz kola bio apple o ruibarbo	4,50 €
Coca Cola original	2,50 €
Fanta Lemon	2,50 €
Fanta Orange	2,50 €
Kombucha MUN super berries o fresh ginger	6,00 €
Cola Cao	1,50 €
Natural orange juice	3,50 €
Juice Lovers (ask flavours)	5,50 €

#### Beers

Alhambra reserva 1925 1/3	3,00 €
Señor Mendrugo	5,00 €
craft beer made with bread, Pilsen type	
Thrive	5,00 €
non-alcoholic beer, low calorie, with vitamins B+D	